

SOLOMON'S EVANGELICAL LUTHERAN CHURCH GRINDSTONE HILL

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March 2023

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Solomon's Says

A Newsletter from the Faith Community of Solomon's Evangelical Lutheran Church

"Solomon's Evangelical Lutheran Church, following the example of Jesus Christ, seeks to live in the confidence and fullness of God's grace; to preach the Good News boldly and truthfully; to support and serve others in faith; to work in harmony with all creation."

Pastoral Letter – Pastor Barb Barry

Dear Brothers and Sisters,

"Create in me a clean heart, O God; And renew a right spirit within me." ~ Psalm 51: 10

We prayed Psalm 51 together on Ash Wednesday, the beginning of Lent. We marked our foreheads with ashes made from last year's Palms remembering Jesus' walk to the cross. The ashes remind us of who we really are; creatures of the Most High God who are sinful and turn away. We are mortal and will one day die.

In Lent, we are invited to slow down, open our hearts a little wider and connect with God a little deeper so when Easter comes, it isn't just another day in church, but a real experience of joy and freedom. The only way to spiritual maturity is to take spiritual practice seriously, allowing God's transforming love to change us. It's more than ritual and form.

Spiritual practice during Lent takes on a solemn penitential flavor. The colors in the sanctuary change to purple, the "I'm sorry" color. Lent is 40 days (a reminder of the 40 days Jesus spent in the wilderness). We take time to examine patterns of behavior, a seminary professor called them besetting sins, that keep us from living God's way of love. We notice how much we need God's presence in our lives.

Spiritual practice that moves beyond form and ritual is vital. I strongly encourage you to take advantage of the meditation books provided by the Christian Ed team. Pray with our neighbors in the midweek service rotation. Come try out the Psalm Bible Study on Wednesday and adult Sunday School class before worship. Take time daily to be still, breathe and sit listening to Jesus. As our personal relationships with God grow deeper and richer, so our congregation will more deeply and richly reflect God's love to our neighbors.

Fasting is a traditional Lent practice to strip away the unessential and bring us back to what really matters – aligning our hearts to God. There are many different fasts: food, gossip, shopping, social media. What blocks God's light in your life? Fasting can point that out. As our crutches are stripped, we become more and more aware of our need for God.

Generous giving is the final spiritual pillar of Lent. As Jesus sacrificed on the cross, we are invited to give not of our abundance but our substance. Giving, like fasting, can open our fists and encourage us to avoid attachment to stuff, or money, or status, or power and trust in what truly matters – God in our lives.

May we place growing our relationship with God our top priority this Lent.

Blessings on your Lenten journey, Pastor Barb



Gospel Readings for MARCH:

Sunday, March 5 - John 3:1-17

Sunday, March 12 - John 4:5-42

Sunday, March 19 - John 9:1-41

Sunday, March 26 - John 11:1-45

Serving in March

	3/5/23	3/12/23	3/19/23	3/26/23
Head Usher	Ron Coldsmith			
Lector	Peggi Norman	Patricia Yetter	Rich McEntire	Martie Veilleux
Acolyte	Sarah Aldrich	Sarah Aldrich	Janice McEntire	Norm Kuykendall
Communion Set-Up	Peggi & Wayne Norman			
Communion Clean-Up	Linda Berberich & Judy Johnson			
Communion Assist	Lilly Chiado & Ron Coldsmith			
Communion Bread	Colleen Johnson			
Securing Offering	Janice McEntire & Becky Pecha			
Coffee Fellowship	Bonnie Coldsmith			

Spiritual Practice for Lent



Some Suggestions for Fasting

Fast from hurting words and say kind words. Fast from worries and have trust in God. Fast from anger and be filled with patience. Fast from pessimism and be filled with hope.

Fast from pressures and be prayerful.

Fast from complaints and contemplate simplicity.

Fast from bitterness and fill your hearts with joy.

Fast from selfishness and be compassionate to others.

Fast from grudges and be reconciled.

Fast from resentment and be filled with gratitude.

Lenten Worship Opportunity

An Ecumenical Group called LARC (including Lutheran, Anglican and Roman Catholic Churches) invited Solomon's to be part of a community midweek service this Lent. Each congregation will host a soup supper at 5:30 followed by worship at 7. There is a time of fellowship after worship with beverages.

Date / Time: 7:00	Weekly Theme	Location	Preacher
March 1	Abraham's Call to Journey	Solomon's Lutheran 4856 Wayne Rd Chambersburg, PA 17202 717-267-2266	Father Alan Wolfe or Father Matthew Smith
March 8	Moses' Call to Liberate	Trinity Lutheran 431 Philadelphia Ave Chambersburg, PA 17201 (717) 263-8156	Mother Pat Dickson
March 15	Jonah's Call to Repentance	Trinity Episcopal 58 S 2nd St Chambersburg, PA 17201 (717) 264-6351	Pastor Jane Nicholson
March 22	Mary's Call to Bear God's Son	Corpus Christi Roman Catholic 320 Philadelphia Ave Chambersburg, PA 17201 (717) 264-6317	Pastor Barb Barry
March 29	Disciples' Call to Share the Gospel	First Lutheran 43 W Washington St Chambersburg PA 17201 717-264-2015	Father Alan Wolfe or Father Matthew Smith

Please come and join our neighbors for prayer and conversation.

News from Social Ministry

THE PHILLY'S WON THE SOUPERBOWL!!!! Philadelphia 119 - Kansas City 104



A GREAT BIG thank you to everyone who supported the Souperbowl. We collected 172 items for the Power Pack program and 51 cans of soup for Maranatha Food Pantry. Both of these programs will be overjoyed to receive our contributions.



Empower • Educate • Feed

Power Pack Meals - the Power Pack Ministry is now packing meals for 25 students at New Franklin School. The program covers three meals a day for the weekend, that's 150 meals that are being packed each week. The need is GREAT. Please consider doing what you can to help. Food can be placed in the gray tote in the Sunday school room. Monetary donations can be put in the offering, clearly mark your check "Power Pack". Your response in the past has been great. THANK YOU!!!



Bowling & Pizza Party

What: Bowling & Pizza!

Where: Nellie Fox Bowling & Vince's in Marion for Pizza

When: Saturday, March 25, 2023, from 3:00 pm – 5:00 pm (meet at 2:45 pm at Nellie Fox

to get your shoes & bowling ball)

Details: Sign-up Sheet in Sunday School Room. After we finish bowling, we will go for

pizza! Congregation members are invited.

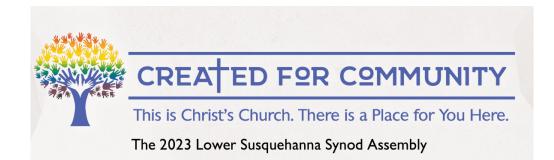
(We have 4 lanes reserved. Cost: 55.00 per lane for 2 hrs. (6 per lane) Christian Ed will pay for all youth bowling & pizza.

Friendly Reminders

If you would like to sign up for **altar flowers** the following Sundays in March and April are still available: 3/5, 3/12, 4/23.

Have an item for the April newsletter?! Deadline is March 20. Email Kimberly at office@solomonslutheran.org.

Miscellaneous



TWO DELEGATES ARE NEEDED FOR THE SPRING ASSEMBLY. *The theme is "Created for Community."* Early Bird registration is March 31. Friday evening, June 2 will meet via Zoom. Saturday, June 3, the meeting will be in person at Trinity Lutheran, Camp Hill. Is it your turn to represent Solomon's? Please notify the pastor if God is calling you to this important ministry.

Email (revbarb.barry@gmail.com)



Solomon's will begin hosting fellowship hour, after worship, the first Sunday of each month. Come and join your faith family for snacks and conversation in the Christian Ed space on the first Sunday in March, March 5.



The Christian Education team needs your input. Following Jesus is a lifelong process of learning. Adult Sunday School classes are poorly attended. We wondered if the topics or format need to be changed in order to teach what would be most helpful. A survey is attached with the newsletter. Please fill out the survey questions and either return the survey to the office via email (office@solomonslutheran.org) or place in the box in the

Christian Ed space. Thank you for taking the time. Christian Ed is an important part of our mission at Solomon's.



Celebrating a Birthday in March....

3/1	Larry Socks	3/19	Curtis Reichard
3/7	Martie Veilleux	3/20	Riley Garner
3/9	Lilly Chiado	3/23	Jay Kanagy
3/12	Tyler Kuykendall	3/26	Tammy Helman
3/14	Jean Jackson	3/27	Joyce Skelly
3/15	Clayton Schwartz	3/30	Kipten Parr
3/16	Garrett Mull	3/31	Emma Schultz





90th Birthday Card Shower

The family of Joyce Skelly invites you to "shower" Joyce with birthday cards! Her address can be found in the church directory.



Celebrating a Wedding Anniversary in March...

3/18	Norm & Nan Kuykendall
3/20	Joe & Karen Wolfinger
3/24	Sam & Becky Mull

Join us Sunday mornings!

10:15 a.m. Worship Service 9:00 a.m. Sunday School

OR check us out on *YouTube*! Links are listed on our website.

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"I can do all things through Him who strengthens me.."
Philippians 4:13 (NRSV)